

10th December 2013

Dear Parents/Carers,

I currently run the cross country club for the year 4 children. In January I would like to invite the children from year 3 to join us.

Cross Country takes place every Tuesday evening from 3.15 to 4.00. The children are asked to come to class 5 at the end of the school day and to change into their running kit. The children **must have a separate PE kit** to the one that they use in school and **outdoor trainers are essential**. Due to the time of year it is advisable that a tracksuit and/or waterproof are worn (gloves and a hat if wanted). **Please note that the** children will not be able to participate without a separate running kit.

I would mention that we run in **ALL** weathers and that the children should be aware of this. Any child who has asthma must bring their inhaler with them every week. All children may wish to bring a small non-fizzy drink.

**Children must be collected at 4.00 prompt** by the front doors, by the office.

If your child would like to join the cross country team then please complete the attached form and return by Friday 13th December, 2013. **Places are limited and your child will receive a reply slip to indicate if a place has been given.**

Yours sincerely  
Mrs V Watson

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My child would like to participate in the cross country club.

CHILD'S NAME: .....

PARENTS NAME: .....

PARENTS SIGNATURE: .....

EMERGENCY CONTACT NUMBERS: .....

MEDICAL CONDITIONS: .....