



School Lunch Menus

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
Choice one	Pork Tenderloin or Quorn Fillet with Apple Sauce	Turkey Pie	Garlic Chicken	Lamb Hot Pot	Fish Fingers with Tomato Ketchup
Choice two	Chicken or Quorn Risotto	Macaroni Cheese or Tuna Pasta Bake	Spaghetti Bolognese*	Assorted Pizza Slice*	Chicken or Quorn Korma
All with seasonal vegetables and accompaniments					
Available daily: Selection of jacket potatoes, baguettes, sandwiches and wraps served with a side salad					
Selection of fillings	Coronation Chicken Tuna and Spring Onion	Egg Mayo Cheese Savoury	Bolognese Sauce Grated Cheese	Chicken Mayo Baked Beans	Ham Tuna and Sweetcorn
Dessert	Fruit Crumble with Ice Cream or Custard	Ginger Snap Biscuit	Chocolate Brownie Chocolate Sauce	Flapjack with Custard	Strawberry Mousse

Available daily: Salad bar selection of bread and rolls, fresh fruit, low fat yoghurt, cheese and biscuits, drinks and fresh drinking water

Also available as a vegetarian option* Menus are subject to availability.

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
Choice one	BBQ Chicken or Quorn Fillet*	Baked Gammon with Pease Pudding	Savoury Mince* with Cobbler	Meatballs in Tomato and Basil Sauce	Harry Ramsdens Battered Fish
Choice two	Vegetarian Shepherds Pie	Cheese and Potato Pattie or Tuna Fishcake	Cheese and Red Onion Tortilla Wedge	Cheese or Sausage Rolls	Chicken or Quorn Sweet Potato Curry
All with seasonal vegetables and accompaniments					
Available daily: Selection of jacket potatoes, baguettes, sandwiches and wraps served with a side salad					
Selection of fillings	Egg and Cress Tuna and Cucumber	Grated Cheese Baked Beans	Tuna and Sweetcorn Chicken Mayo	Ham Cheese Savoury	Tuna and Cheese Melt Chicken Curry
Dessert	Raspberry Ripple Mousse	Oaty Chocolate Biscuit	Shortbread Finger with Custard	Rice Pudding with Mandarins	Strawberry Cup Cake

Available daily: Salad bar selection of bread and rolls, fresh fruit, low fat yoghurt, cheese and biscuits, drinks and fresh drinking water

Also available as a vegetarian option* Menus are subject to availability.

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
Choice one	Pork or Quorn Sausage with Yorkshire Pudding	Southern Style Chicken Fillet or Quorn Fillet	Sliced Roast Beef	Chicken or Quorn Tikka Masala Curry	Tempura Batter Fish Goujons
Choice two	Vegetable Stir Fry	Fish Pie	Quiche Lorraine or Mediterranean Tart	Assorted Pizza Pinwheels or Slice*	Lasagne*
All with seasonal vegetables and accompaniments					
Available daily: Selection of jacket potatoes, baguettes, sandwiches and wraps served with a side salad					
Selection of fillings	Chicken Mayo Tuna and Cucumber	Egg and Tomato Cheese Savoury	Baked Beans Tuna Melt	Chicken or Quorn Tikka Tuna Mayo	Cheese and Coleslaw Ham
Dessert	Arctic Roll	Chocolate Cracknell	Sticky Orange Sponge with Custard	Madeline Sponge with Drink	Fresh Fruit salad with Ice Cream

Available daily: Salad bar selection of bread and rolls, fresh fruit, low fat yoghurt, cheese and biscuits, drinks and fresh drinking water

Also available as a vegetarian option* Menus are subject to availability.

Week One

24	February	2014
17	March	2014
21	April	2014
12	May	2014
9	June	2014
30	June	2014

Week Two

3	March	2014
24	March	2014
28	April	2014
19	May	2014
16	June	2014
7	July	2014

Week Three

10	March	2014
31	March	2014
5	May	2014
2	June	2014
23	June	2014
14	July	2014

