

Archibald First School Lunch Menu



7 September 2015
28 September 2015
19 October 2015
16 November 2015
7 December 2015
11 January 2016
1 February 2016

week one

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Ratatouille Salmon Goujons with Seafood dip Beetroot · Garden Peas Baby Boiled Potatoes Egg Mayo Sandwich on Wholemeal Bread Cheese Savoury filled Jacket Potato Warm Apple Crumble with Ice Cream or Custard	Hot Chicken Sandwich* Homemade Cheese Pattie Red Slaw · Baked Beans Savoury Vegetable Rice Baked Bean filled Jacket Potato Australian Crunch Tray bake	Beef Stew* with Dumpling Sausage Roll* Green Cabbage · Sweetcorn Champ Mash · Country Diced Potatoes Ham Sandwich on Wholemeal Bread Chicken Mayo filled Jacket Potato Lemon Drizzle Muffin	Roast Pork* with Sage and Onion Stuffing* Cheesy Macaroni Swede · Green Beans Parsley Potatoes Tuna Mayo filled Jacket Potato Pear and Chocolate Pudding Custard	Fish Fingers with Tomato Ketchup Turkey Pie* Mushy Peas Carrot Batons · Chips Creamed Potatoes Cheese Sandwich on Wholemeal Bread Cheese filled Jacket Potato Mixed Fruit Biscuit
Sandwiches will be available on alternative days. Salad bar, selection of fresh bread and rolls available daily. Alternative Desserts: Fresh fruit, low fat yoghurt, and cheese and biscuits. Daily Choice of Drinks to include: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. *Also available as meat or meat free option.				

14 September 2015
5 October 2015
2 November 2015
23 November 2015
14 December 2015
18 January 2016
8 February 2016

week two

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chinese Style Vegetable and Lentil Curry Homemade Cheese and Tomato Pizza Sweetcorn · Cauliflower Egg Noodles · Seasoned Potato Wedges Tuna Mayo filled Jacket Potato Chocolate Orange Shortbread Custard	Roast Chicken with Gravy* Salmon Fish Fingers Carrot Batons · Garden Peas Champ Mash · Parsley Potatoes Egg and Cress Sandwich on Wholemeal Bread Cheese Savoury filled Jacket Potato Sticky Toffee Pudding Custard	Homemade Chunky Minestrone Soup with Garlic Dough Balls Beef Burger* in Bun with Tomato Ketchup Baked Beans · Baby Boiled Potatoes Curried Baked Bean filled Jacket Potato Custard Crunch Biscuit	Savoury Mince* with Yorkshire Pudding Homemade Southern Style Chicken Fillet* Swede · Beetroot Creamed Potatoes · Sweet Pepper Pasta Ham and Tomato Sandwich on Wholemeal Bread Chicken Mayo filled Jacket Potato Iced Vanilla Sponge · Custard	Harry Ramsdens Battered Fish Lamb Jalfrezi* Garden Peas · Minted Apple and Cucumber Salad Chips · Steamed Rice Cheese filled Jacket Potato Frozen Yoghurt with Fresh Fruit Salad
Sandwiches will be available on alternative days. Salad bar, selection of fresh bread and rolls available daily. Alternative Desserts: Fresh fruit, low fat yoghurt, and cheese and biscuits. Daily Choice of Drinks to include: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. *Also available as meat or meat free option.				

21 September 2015
12 October 2015
9 November 2015
30 November 2015
4 January 2016
25 January 2016

week three

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetable Lasagne Cheese Pasty Broccoli · Baked Beans Seasoned Wedges Baked Bean filled Jacket Potato Fruity Flapjack Custard	Pork Sausage in Gravy* Tuna Pasta Bake Green Cabbage · Sweetcorn Homemade Oven Roast Potatoes Cheese Sandwich on Wholemeal Bread Cheese filled Jacket Melting Moments	Homemade Bolognese Pizza* Turkey* Casserole with Sage Cobbler Coleslaw · Green Beans Champ Mash · Savoury Vegetable Pasta Tuna Crunch filled Jacket Potato Chocolate Brownie Chocolate Sauce	Cottage Pie* Chicken Fillet Bites* Carrot Batons · Swede Baked Beans · Baby Boiled Potatoes Ham and Tomato on Wholemeal Bread Chicken Mayo filled Jacket Potato Pineapple Upside Down Cake Custard	Chicken Korma* Fish Goujons with Tomato Ketchup Garden Peas · Sweetcorn Chips · Steamed Rice Cheese Savoury filled Jacket Potato Spiced Apple Muffin
Sandwiches will be available on alternative days. Salad bar, selection of fresh bread and rolls available daily. Alternative Desserts: Fresh fruit, low fat yoghurt, and cheese and biscuits. Daily Choice of Drinks to include: Fruit juice drink, reduced fat milk, flavoured milk, chilled drinking water. *Also available as meat or meat free option.				



September 2015 - February 2016

