



Diary Dates



March 2013

7th - Promoting Independence workshop

14th - Personalisation workshop

19th Newcastle Parent Carer Feedback Forum

Newcastle Parents Forum - Feedback Event

This Feedback event will see the launch of "Parents United" website by Alan Ramsay from Roots & Wings. We have approached the local authority and hope to have an update on the recent budget consultation. Alex Peebles from Irwin Mitchell Solicitors will be giving a brief overview of the training on legal rights that they can deliver with a view to organising training session for parents/carers.

This event will be held on Tuesday 19th March 2013, at the Bradbury Employability Centre, Percy Hedley College, Northern Counties Site, Tankerville Terrace, Jesmond, Newcastle, NE2 3BB from 9.45am - 12.00 noon followed by lunch. For more information or to book your place please contact Christabel James on 0191 281 2485 or email admin@nsnn.org.uk. Transport can be arranged if required.

Through Transition Workshops

There are still places available for these free workshops for parents:



Promoting Independence - Thursday 7th March 2013

This workshop will explore how to promote independence in your young person, including independent travel, sex and relationships and letting go. Speakers will include Angela Ellis from Inclusion North, Marie Rooney - Independent Travel training, Helen Hindhaugh from Teenage Kicks.

Personalisation - Thursday 14th March 2013

Jamie Feather, personalisation lead in adult social care will explain the process of obtaining an Individual Budget and what it can be spent on. The Direct Payments Service will also be there to explain how they can help with the budget and Nick Ball from Skills for People will talk about the Help & Connect programme.

These workshops will be held at Bradbury Employability Centre, Percy Hedley College, Northern Counties Site, Tankerville Terrace, Jesmond, Newcastle, NE2 3BB from 9.45am - 2.00pm. For more information or to book your place please contact Christabel James on 0191 281 2485 or email admin@nsnn.org.uk

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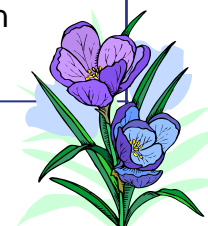
NAS Factory & Studio Tours
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NAS NewcastleGateshead - Nissan Factory and BBC Studio Tour

NAS NewcastleGateshead Activity club have organised exciting tours of the Nissan Factory and BBC Newcastle.

Factory tour of Nissan in Sunderland on Wednesday 10th April 2013 from 1.00pm - 3.00pm.

The tour is suitable for adults and families, children must be 10 years and over. Hi-visibility jackets and headsets will be supplied and must be worn. parents/carers must stay to supervise at all times and booking is required for all places.



Suggested donation of £3 per person.

BBC Newcastle Studio Tour at Broadcasting House

Barrack Road, Newcastle NE2 4NS on Saturday 9th March & Saturday 23rd March 2013 at 1.30pm.

This visit is suitable for children aged 9+ (younger siblings are welcome). The tour running time will be approximately 1hr 45 minutes. Suggested donation of £2 per person. Parents/carers must stay and supervise their children and siblings are welcome to come along.



For more information and to book a place please contact Carol on 07920 086299 or email NewcastleGateshead@nas.org.uk.

“Think, Feel, React” Research Study



Newcastle University are carrying out a research study called ‘Think, Feel, React study’. The study aims to recruit about 40 children and young people aged between 8-16 years who have fluent language skills, a diagnosis of ASD and no other developmental conditions.

The study is part of a programme of work being carried out by the University to help identify factors that may influence the development of anxiety in young people with a diagnosis of ASD. This could provide the building blocks for creating interventions to reduce symptoms of anxiety.

They will be asking the young people to complete some assessments that are like games, so that they can investigate their thinking styles. They will also ask them to complete some questionnaires that have been designed for children. They will be asking parents to complete some questionnaires about their child too. It will take approximately 60 minutes for children and their parents to complete all of the tasks. Data collection could take place at home or at the University.

If you have a child aged between 8-16 years and you would like to take part or hear more about the study they would love to hear from you!

For more information please email Dr Jacqui Rodgers (jacqui.rodgers@ncl.ac.uk) or Nooraini Darus (n.darus@ncl.ac.uk). The research team will then contact you to send you further information to help you decide whether or not to take part.

'Project Choice' Newcastle – Information Event

Project Choice is an internship programme for young people with learning or physical disabilities who would not be able to access work without support. It will run from September 2013 for young people aged 16 (school leavers) to 24 years. This programme is for young people with learning disabilities or physical disabilities or who live with autism.

Newcastle Hospitals and Newcastle City Council are holding two 'Project Choice' events which will provide information about the work/education-based programme. Events will be held on:

Date: Wednesday 6th March 2013
Time: 10.00am-12.00 noon
Venue: The MediCinema, Level 2 New Victoria Wing,
Royal Victoria Infirmary

Date: Wednesday 13th March 2013
Time: 6:00pm-8.00pm
Venue: The MediCinema, Level 2 New Victoria Wing,
Royal Victoria Infirmary



Attendance is aimed at young people aged between 16-24 years and their parents/carers. They will have the opportunity to meet some of the young people with learning disabilities who have been part of Project Choice over the last two years and:

- hear what they have to say
- find out where they have been working
- ask questions

There is no requirement to book a place, just go along and find out more about what Project Choice Newcastle can offer.

If you are not able to attend, but are interested in applying and would like some additional information, please contact Lorna Harasymiuk on 07766384122 or 0191 22331360 or email: Lorna.harasymiuk@nuth.nhs.uk

Sensory Spaces is back this March

But this time it's the CU Sunday Club! This is an inclusive arts and play resource for children with disabilities, their families and friends.



Venue: 6th Floor, CU House, Pilgrim Street (between Yorkshire Bank and Maplins)

Times: 1.00 pm - 2.30pm: Chilled-out session for younger ones and those who prefer calm activities, 2.30pm - 4.00pm: Livelier session for older ones and those who prefer less - structured activities

Cost: £4 for 1st child, £1.50 for siblings

Dates - on the following Sundays:

March 10th (Mothers' Day special), March 24th, April 7th, April 21st, May 5th

To book or for more information phone 07876 246264 or email sensoryspaces@hotmail.co.uk.

Dyslexia North East Parent and Child Workshop



Dyslexia North East are holding a Parent and Child workshop facilitated by Neil Mackay and will focus on Supporting Children at Home.

Date: Saturday 20th April 2013

Venue: Stephenson Memorial Primary School, Martin Road, Wallsend NE28 0AG (next to Howdon Metro).

Times: morning session from 10.00am-12.00pm (you can attend either session)
afternoon session running from 1.00pm-3.00pm.

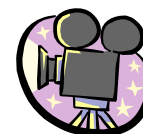
Cost: £25.00 for a parent and child together (some sponsored places may be available)

The workshop is open to parents or teachers with children aged 7-12 years. Topics to be covered include "Learning How to Learn" - skills for spelling and writing; getting ideas down on paper and organising your thoughts; reading for meaning; skills for revision tests and coping with comprehension.

Children will need to bring along a pencil case with pencils and coloured pens and a favourite book or comic. Spare pencils, books, pens and plastic letters will be supplied by Dyslexia North East. Drinks and light refreshments will be provided free of charge.

For enquiries or to book places, please contact Liz Ferguson on 0786 826 3696 or email info@dyslexianortheast.org

Dimensions March Autism Friendly Screening



Dimensions have organised an autism friendly screening of "Oz: The Great & Powerful" (PG, 2D) at ODEON cinemas on **Sunday 17th March 2013 at 11.30am.**

Participating cinemas nearby are Metrocentre Gateshead, and Silverlink, North Tyneside. Further information is available on their website:

www.dimensions-uk.org/what-we-do/autism/autism-friendly-films

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Northeast Special Needs Network

- Provides information and support to families with disabled children, from birth to 25 years
- Employs Family Advice Workers who help families by giving them practical, targeted support, working across all agencies - education, social care, health, leisure, housing and services in the voluntary sector
- Provides training and courses for parent/carers and professionals

Northeast Special Needs Network,
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Tankerville Terrace,
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Website: www.nsn.org.uk
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Tel: 0191 281 2255 (Advice Line)

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