



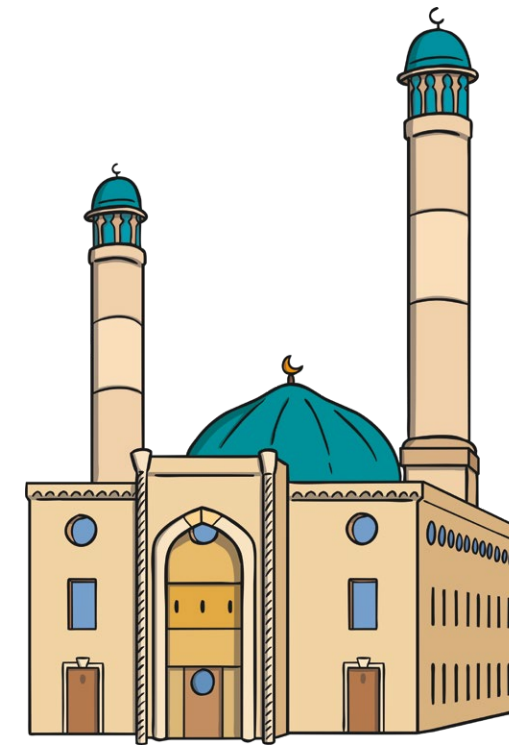
A TWINKL ORIGINAL

Rameena's Ramadan



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It was very early in the morning when Rameena joined her family in the living room. Mum, Dad and Zenab were eating bread, eggs and fruit for Suhoor.

“Can I fast, too?” asked Rameena.

“It’s wonderful that you want to take part,” said Mum, “but you’re still too young to fast all day. You can join us for a little while before you go back to bed.”

Rameena sat next to Zenab and smiled as Dad passed her some fruit.



After they had eaten, Zenab helped Rameena to reveal the final message in her Ramadan calendar.

“Give to others,” read Zenab.



Rameena knew just what to do. She rushed up to her room to check her money jar. “I’ll find someone to give this money to,” she said.



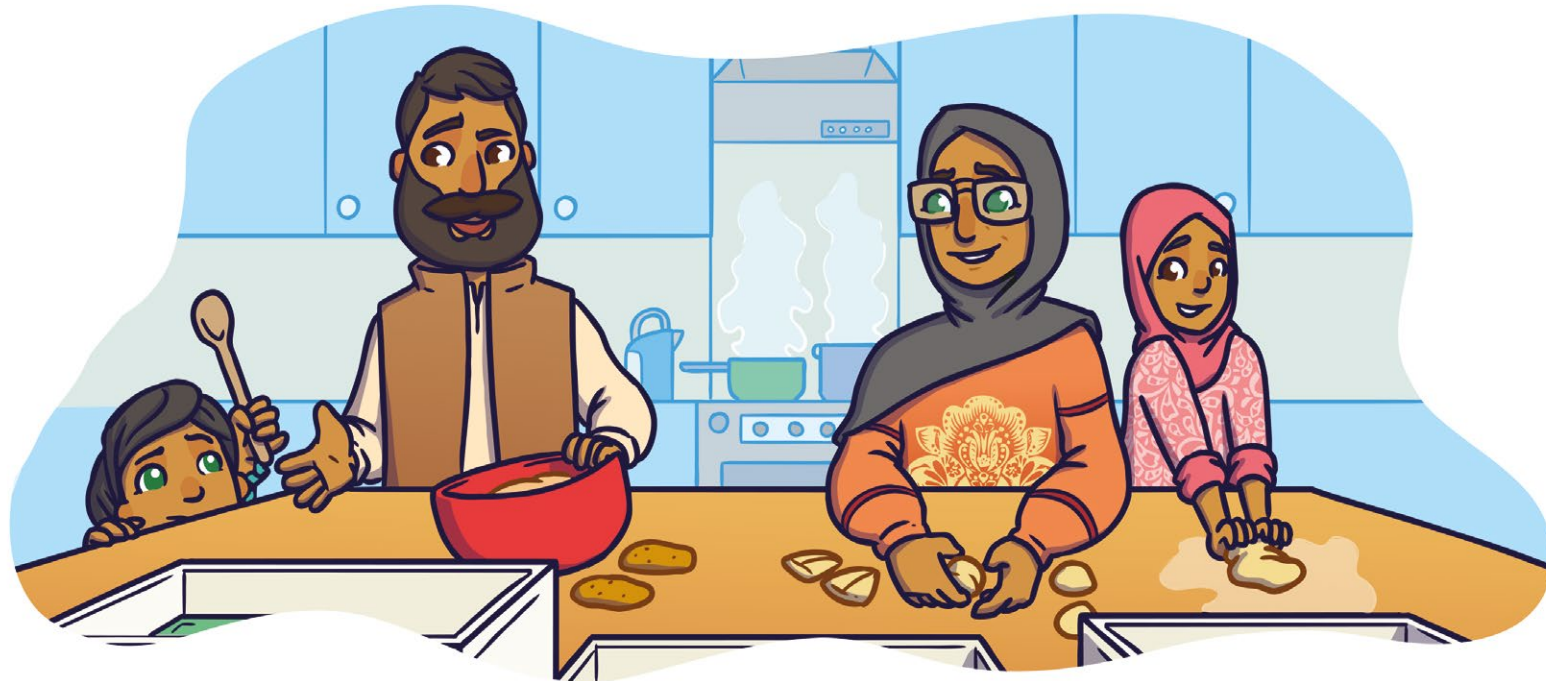
She fell back to sleep, dreaming of how she could use her money to help others.



Later that morning, Rameena got ready for the day, putting the money safely in her pocket.



Downstairs, she helped her parents make lots of delicious food to take to the community centre.



As they loaded all the tins and trays of food into the car, Rameena spotted their neighbour, Pam, in her garden.



“Hi!” called Rameena. “Are you OK?”

“I’m fine,” said Pam. “I’m just worried about my beautiful plants. I haven’t been able to do any gardening since I broke my arm.”

“Don’t worry,” said Rameena. “We can sort out your garden in no time.”



Rameena and Zenab watered the flowers, while Mum and Dad pulled up all the weeds and trimmed the hedges.

“Oh, thank you,” said Pam. “That was so kind of you. I hope you have a lovely Eid.”

Next, the family went to meet Mrs Hussain at the community centre and donated all of the food they had prepared.

“Wow!” said Mrs Hussain. “This all looks very tasty. We’ve been able to help so many people already today but there’s still so much to do.”

“Don’t worry,” said Rameena.
“We can stay and help!”





Mum and Dad worked with the other volunteers, serving food to lots of hungry people.

Meanwhile, Rameena and Zenab tackled the huge mountain of washing-up.



“Oh, thank you,” said Mrs Hussain. “You’ve all been so helpful!”

That afternoon, the family went shopping for everything they needed for their Eid celebrations. At the market, they bumped into Dad's friend, Tariq.



"Is everything alright?" asked Dad.

"I'm OK," said Tariq. "I just need some raisins to make my sheer khurma but they've sold out!" he said.

"Don't worry," said Rameena. "We can give you some of ours."



"Oh, thank you," said Tariq. "That's very generous. Sheer khurma is my son's favourite!"

As the sun started to set, it was time for Iftar. Mum, Dad and Zenab broke their fast with dates and water.



Then, the family said the Maghrib prayer together.



As they all ate dinner, Rameena gazed at the crescent moon.

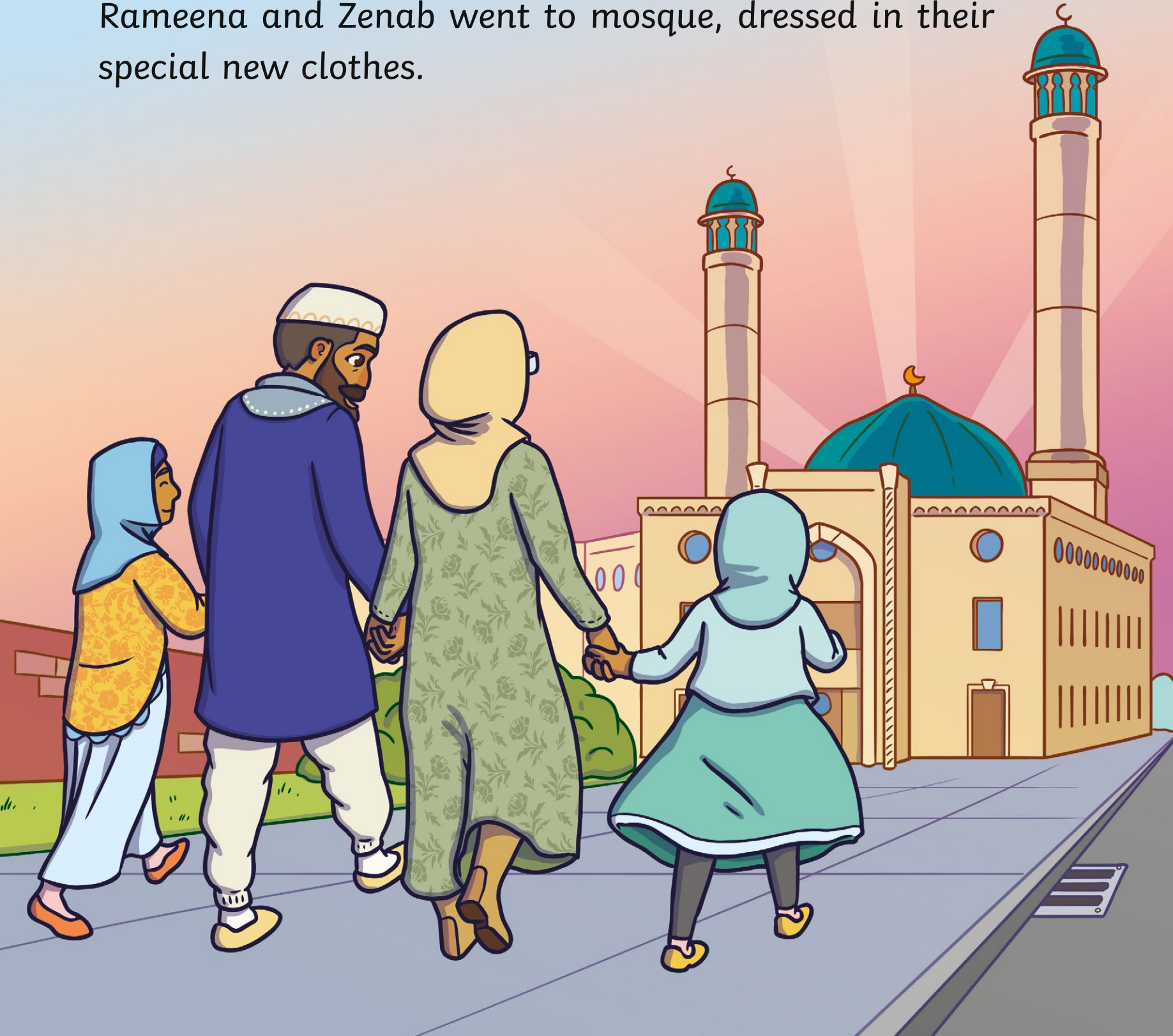


That night, Rameena went upstairs and got ready for bed.



'Oh no,' she thought. 'I've been so busy, I forgot to find someone to give my money to!' She settled down to sleep feeling disappointed.

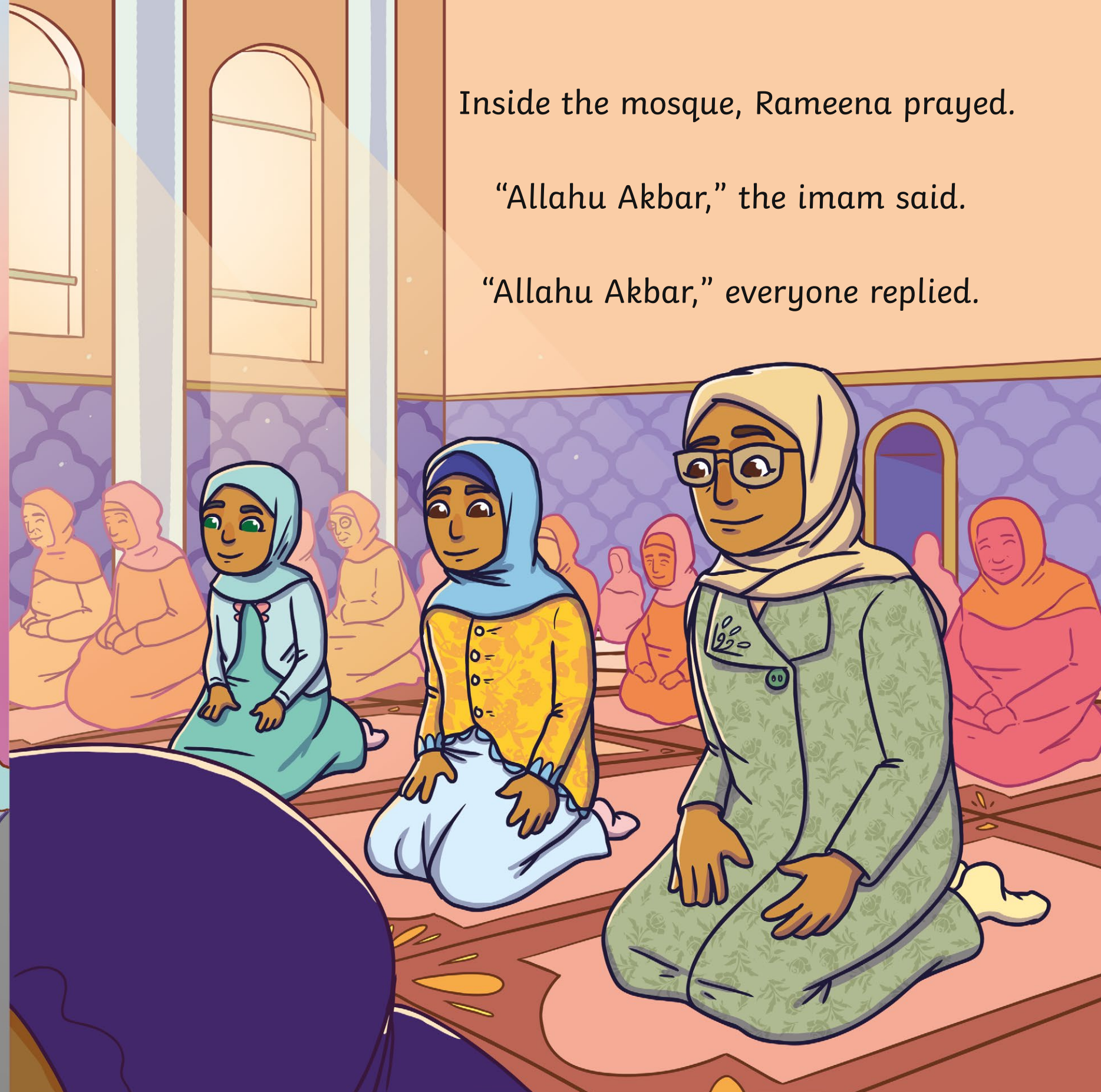
The next morning was the first day of Eid. Mum, Dad, Rameena and Zenab went to mosque, dressed in their special new clothes.



Inside the mosque, Rameena prayed.

“Allahu Akbar,” the imam said.

“Allahu Akbar,” everyone replied.



On the way back home, Dad noticed that Rameena seemed quieter than normal. “What’s wrong?” he asked.

“I **am** excited that it’s Eid,” she said, “I’m just sad that I didn’t get to give to others like my calendar said.”



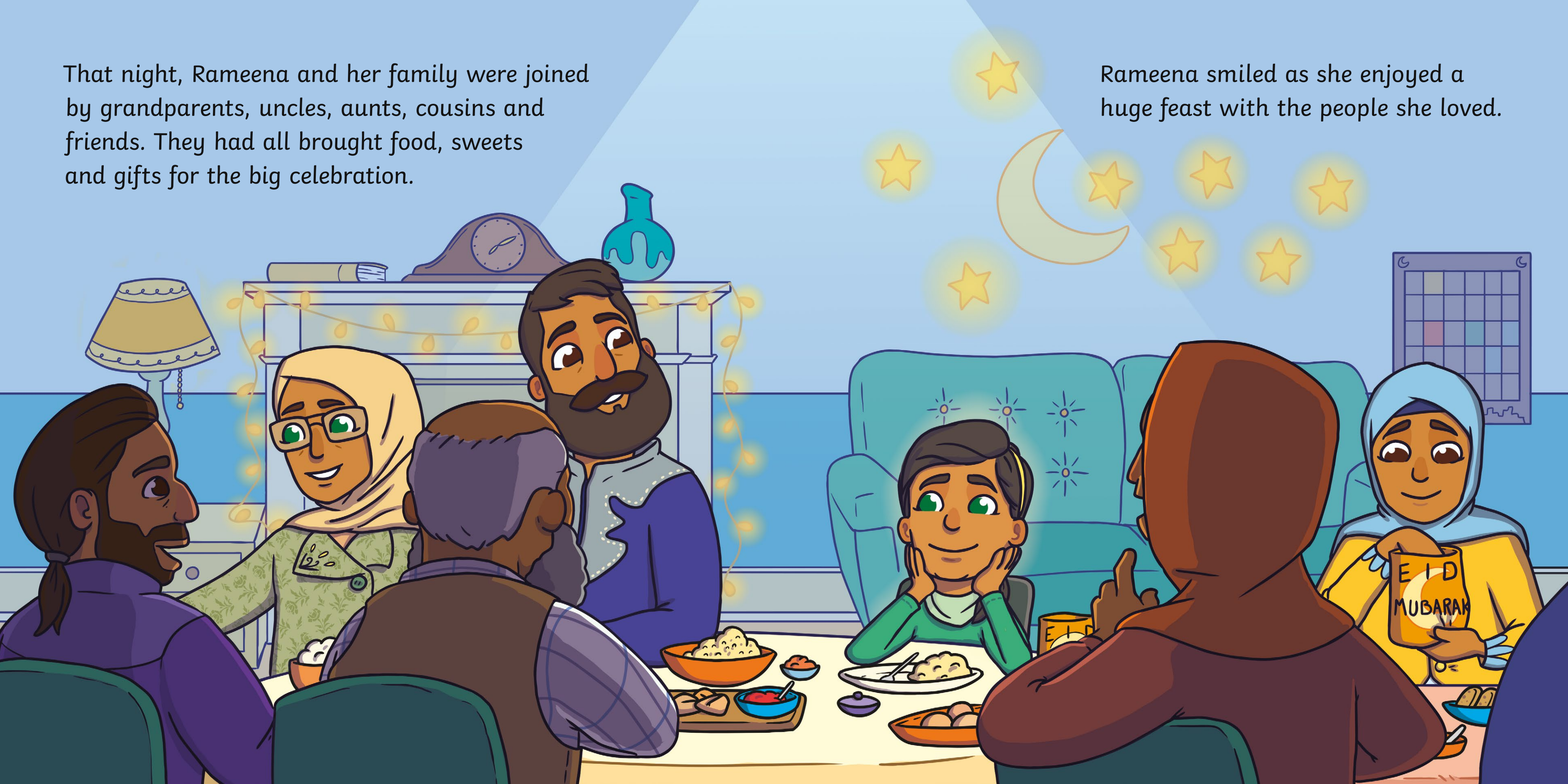
“What are you talking about?” said Dad, surprised. “You watered Pam’s garden for her. Then you washed up all those plates for Mrs Hussain. And it was your idea to share our raisins with Tariq. You’ve given your time, your help and your love. You don’t have to give money to help others.”



Rameena felt better as she realised Dad was right.

That night, Rameena and her family were joined by grandparents, uncles, aunts, cousins and friends. They had all brought food, sweets and gifts for the big celebration.

Rameena smiled as she enjoyed a huge feast with the people she loved.

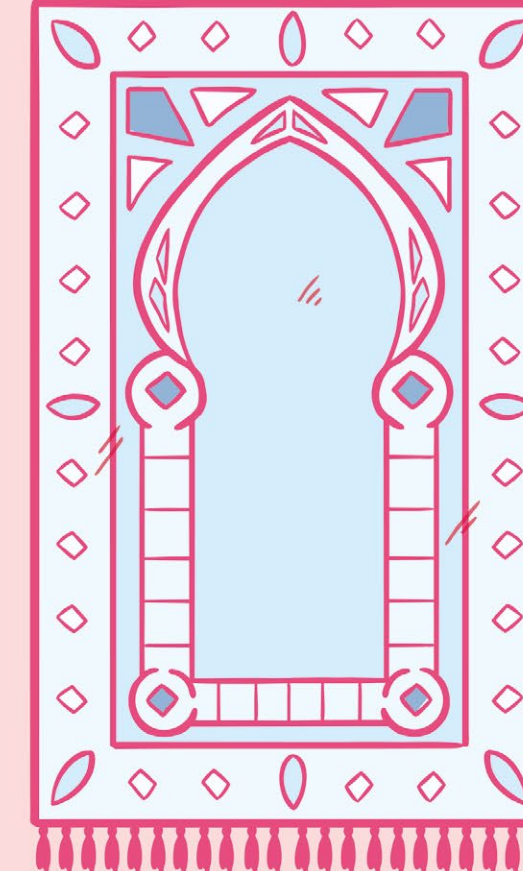
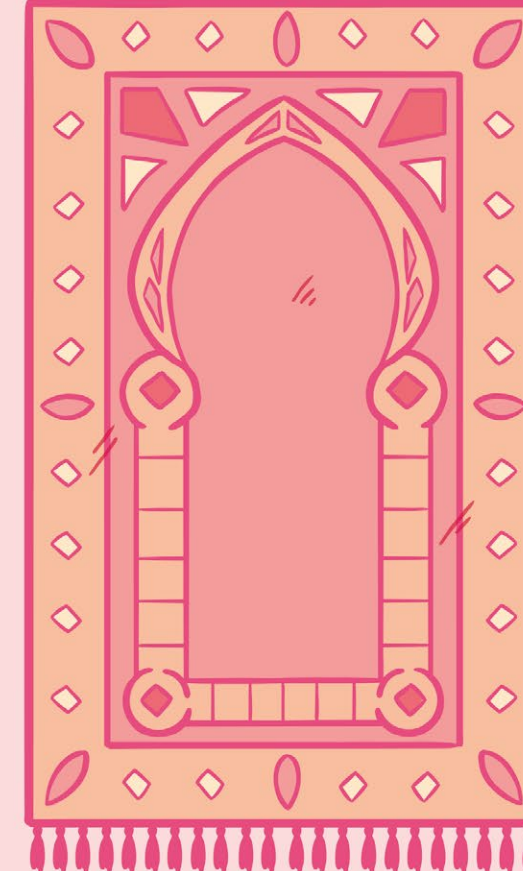
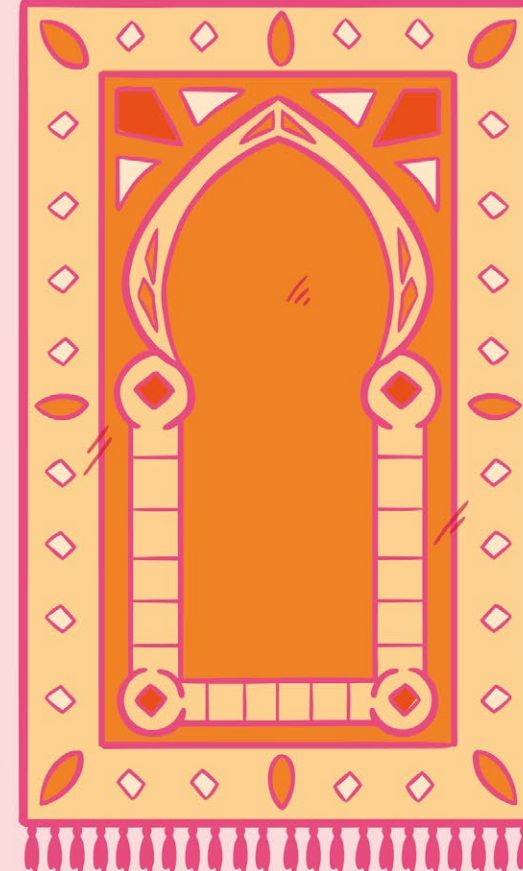
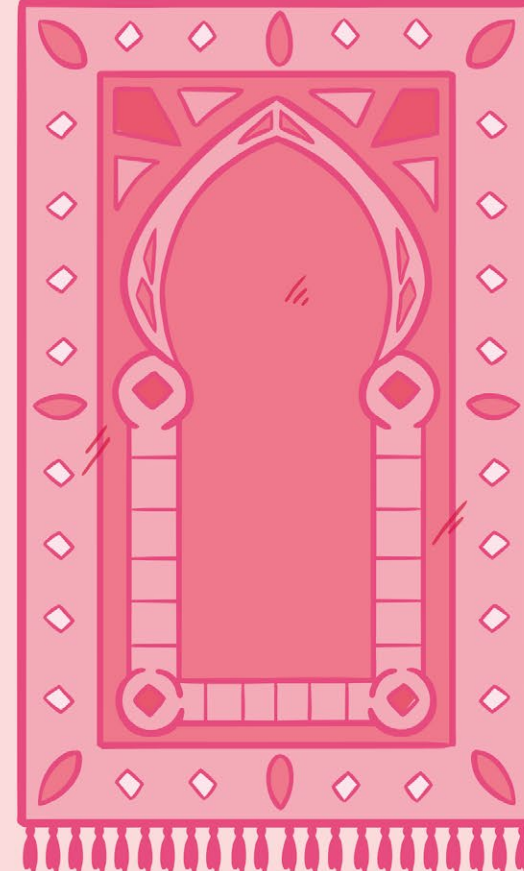
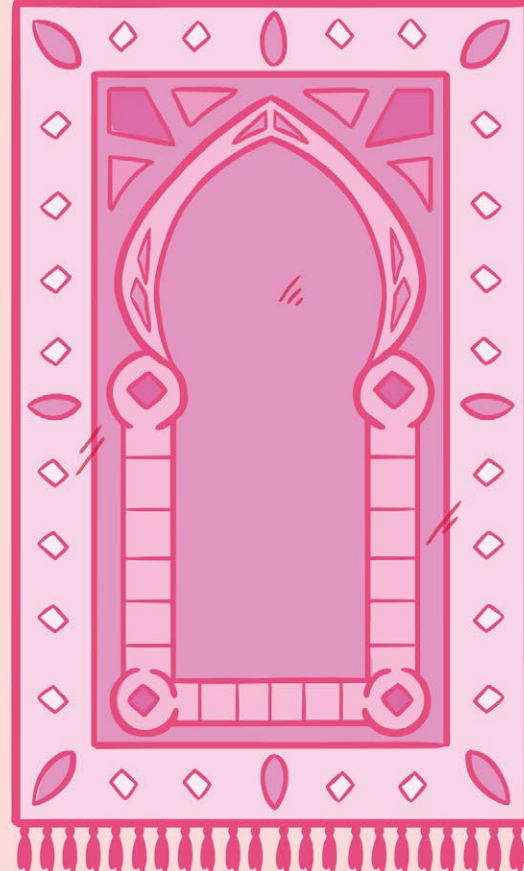
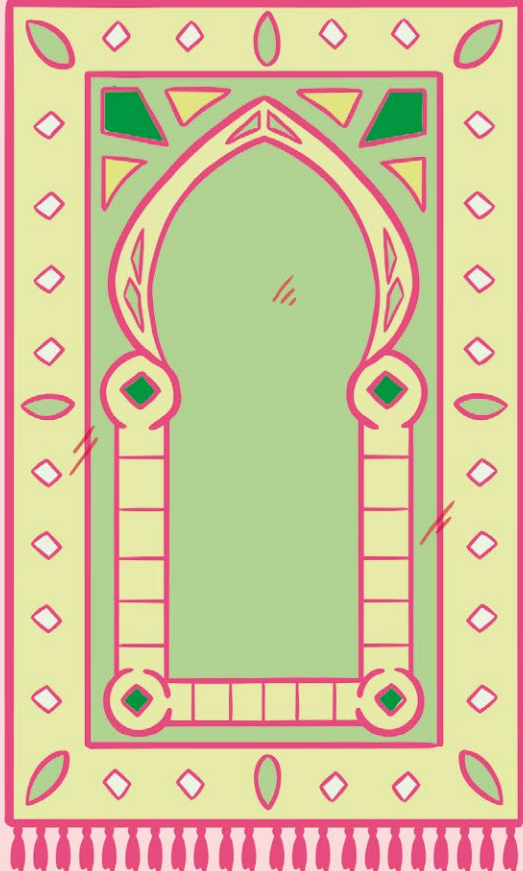
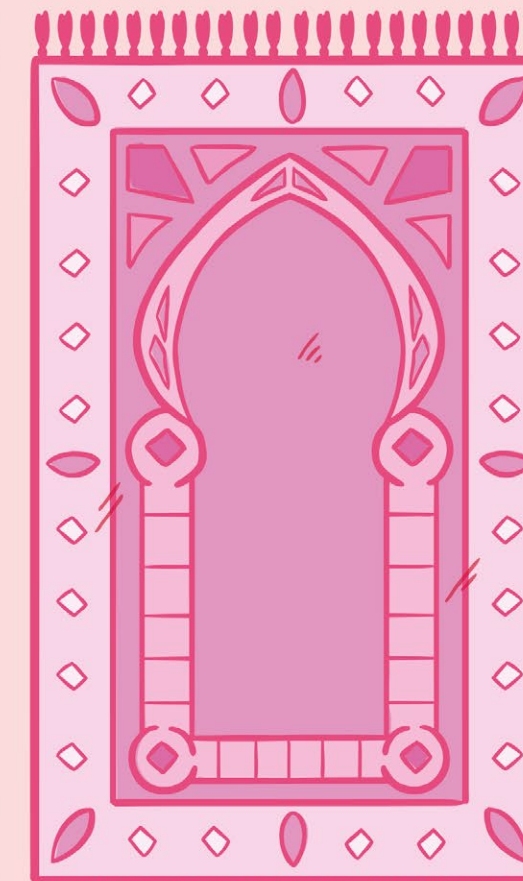
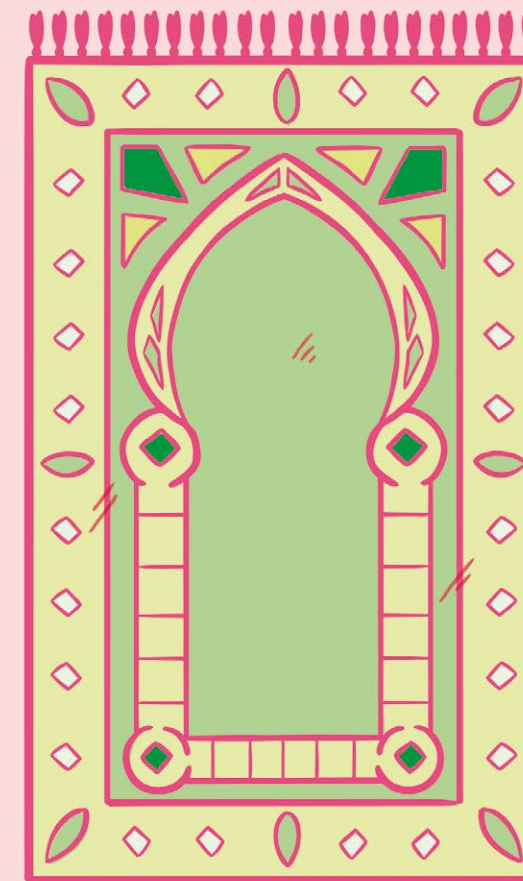
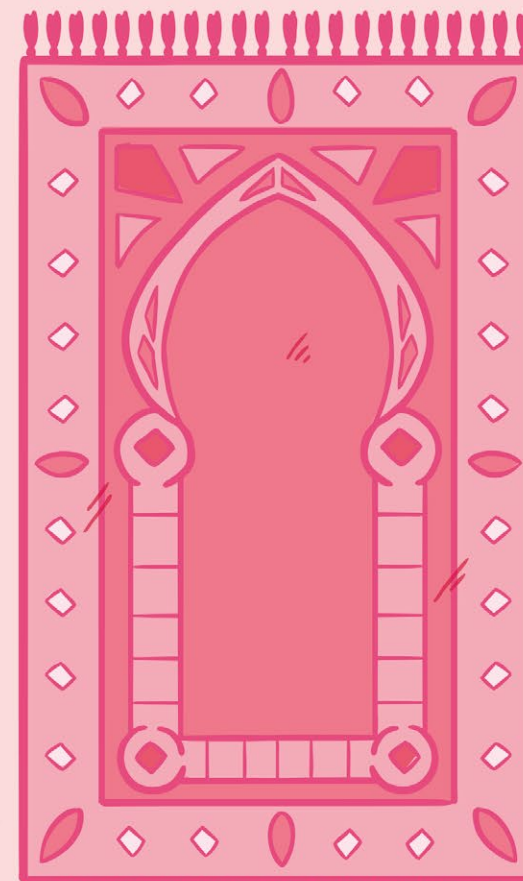
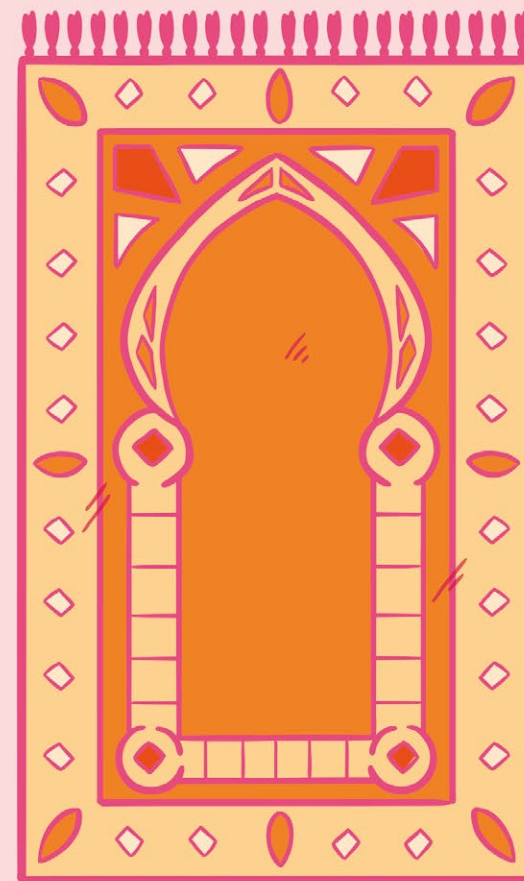
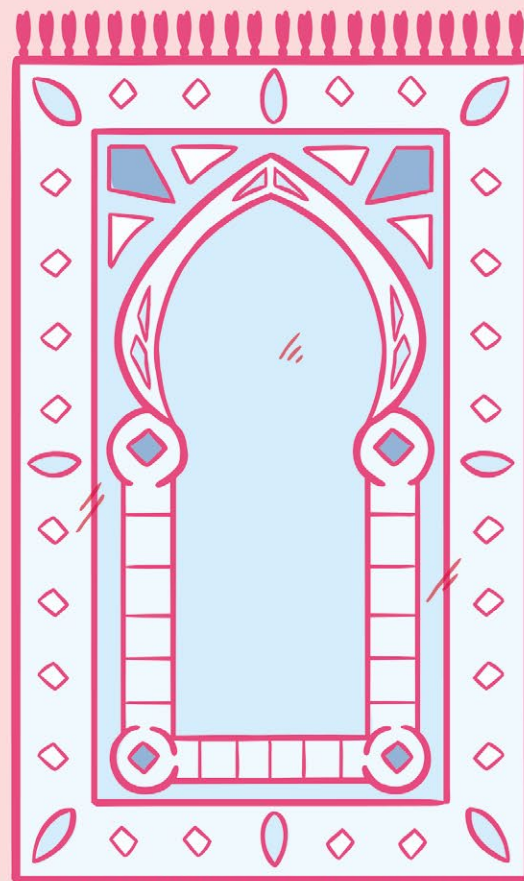
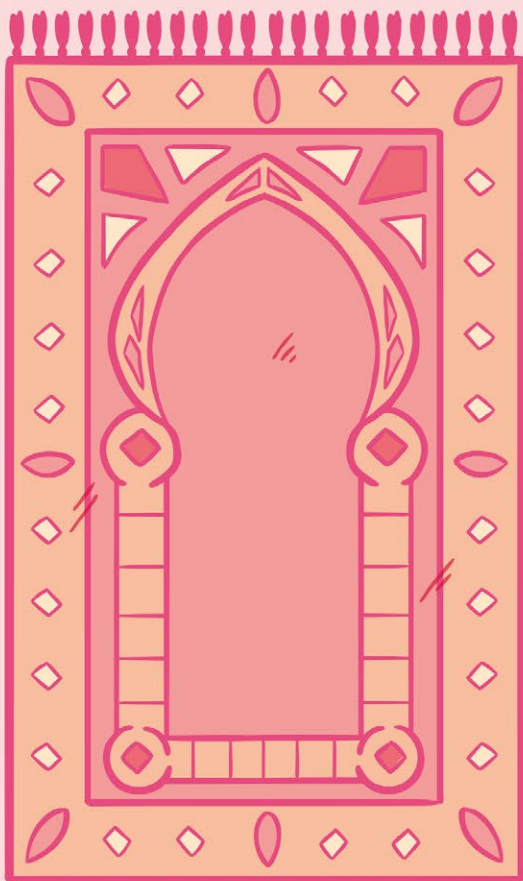


After the meal, everyone made their way outside for the fireworks. They all gasped as they watched the colourful explosions.

“Eid Mubarak!” Rameena shouted happily.

“Eid Mubarak!” everyone replied.





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Ramena's Ramadan

It was very early in the morning when Ramena joined her family in the kitchen. She had just finished her 'fast' and was feeling hungry. She had just finished her 'fast' and was feeling hungry. She had just finished her 'fast' and was feeling hungry.

Questions

- What time of day is it at the beginning of the story? Tick one.
 - morning
 - afternoon
 - evening
- What does the food manager in Ramena's kitchen say? Tick one.
 - Hello, good morning.
 - Hello, good afternoon.
 - Hello, good evening.
- What does Ramena say to her family to help them? Tick one.
 - They do the shopping for her.
 - They do the cooking for her.
 - They do the housework for her.
- What does Ramena offer to share with her family? Tick one.
 - Bread.
 - Rice.
 - Curry.
 - Soup.

Ramadan Dried Fruit Balls

Enjoy these energy-boosting treats during Ramadan or Eid!

Ingredients

- 50g soft dried apricot
- 100g soft dried dates
- 50g dried cherries
- 2 tsp coconut oil
- 1 tbsp sesame seeds

Equipment

- Food processor

Method

- First, blend all of the dried fruit in a food processor until very finely chopped.
- Tip the chopped fruit into a mixing bowl.
- Add the coconut oil and use your hands to work it into the dried fruit mix.
- Shape the mix into 12 equally sized balls.
- Roll each ball in the sesame seeds.



Mosque at Sunrise

Use this resource to help children learn about the mosque and the importance of prayer during Ramadan.

Activities

- Read the text and answer the questions.
- Draw a picture of a mosque.
- Write a short story about a day at the mosque.

Ramadan Good Deeds Diary

Record your good deeds during Ramadan.

Name: _____

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
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Ramadan Advent Calendar

Count down the days of Ramadan with this advent calendar.

1	9	13	Ask someone to play with you.
2	10	14	Get someone else to play with you.
3	11	15	Put your rubbish in the bin.
4	12	16	Say 'hi' to someone new.

All About Ramadan and Eid

Learn about the month of Ramadan and the festival of Eid.

Fastar

During the month of Ramadan, Muslims fast from dawn to dusk. This means that they do not eat or drink anything from dawn to dusk. This is a time of reflection and prayer.

Eid

Eid is a very important day for Muslims. It is a time of celebration and joy. Muslims wear their best clothes and visit their families and friends. They also give charity to the poor.



Zenab helped Rameena to reveal the final message in her Ramadan calendar.

As Ramadan ends and Eid arrives, Rameena discovers that there are many different ways to give.



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