



Archibald First School

Archibald Street
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Headteacher **Mrs R Turner**

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Monday 9th November

Dear Parents and Carers,

On Friday 13th November, the UK will take part in raising awareness for Children in Need. At Archibald we are going to focus on our own children's wellbeing and within the classes the children will take part in activities linked to things they need to thrive;

Examples of activities:

- Getting active (a mini Joe Wicks or Daily Mile)
- Finding calm (mindfulness or yoga)
- Being curious (identifying something new they would like to try)

Children are requested to wear sports kit for comfort – NO CROP TOPS.

Please note we are NOT asking for any donations.

Thank you for your continued support.

Rebecca Turner

Having fun, achieving excellence.

Successful learners. Confident individuals. Responsible citizens.