



LITTLE RESCUERS



Dear Archibald Parents,

Welcome to Little Rescuers! I want to give you a glimpse into what we cover during our 5-week Little Rescuers After School clubs and how your child will enjoy their time. Our main aim is to empower your children and make First Aid and Life Saving skills fun by giving them an understanding of how to help themselves, family or friends in an emergency.

We use Tumbles the Tiger, the helpful Paramedic, and Grumbles the gorilla, the mischievous explorer to help take us through each session and all learning is child-led and done through fun, play, music and team-work.

Over the 5 week programme on Tuesday, from 1st to 29 March we cover the following;

- WK1- The Danger circle, Staying safe, the High Five rule and the postcode song. We also introduce the interactive 999 call.
- WK2- The Heart, bleeding and bandaging.
- WK3- Burns and how to help if somebody has one.
- WK4-The Bones; the difference between children and adult bones and how to help if we break them.
- WK5- The Lungs! Recovery position and CPR.

Each week we will give your child some fun, take home goodies so you can also be part of the Little Rescuers journey. Pick up is at 4.10pm.

I would like to reassure you that we have worked hard to make Little Rescuers as COVID secure as possible, whilst still making the sessions fun for the children. We have a risk assessment in place, and update this in line with Government policy.

We would really like to work with your children and hope to see them soon!

Please follow the link to book your space with our trainer Ruth and please add your child's **NAME, ALLERGIES (and anything else we should know)** and an **EMERGENCY CONTACT** to the booking form;

<https://tumblesandgrumbles.co.uk/product/archibald-first-school-little-rescuers-after-school-club-5-week-course-1st-march-29th-march/>

Take care and stay safe,

Caroline



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