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### Identifying and Supporting Young Carers

Dear Archibald families,

Archibald First School recognises that young carers may need extra support to ensure they have equal access to education. Our first step is ensuring we identify young carers within our community.

A young carer is someone under the age of 18 who helps to look after someone who has a disability, illness, mental health condition, or drug or alcohol problem. As well as those caring for parents, they may also support brothers, sisters, elderly relatives or even friends too.

Research suggests that 10% of all children are providing high or very high levels of care: this may be up to three children in each class. We are keen to identify these children in order to provide them with the best possible support at school.

If you believe that your child(ren) could be considered a Young Carer based on the definition above, please complete the form on the link below by Friday 16<sup>th</sup> February.

<https://forms.office.com/e/jHzUcHA1rB>

Please indicate if you feel your child is currently a young carer or is likely to take this role on in the future.

Best wishes

Rebecca Turner  
Headteacher

*Having fun, learning together.*  
*Curious, caring, creative and courageous.*

