



PE Subject Intent Statement

| <i>Curious</i> | <i>Caring</i> | <i>Creative</i> | <i>Courageous</i> |
|----------------|---|-----------------|-------------------|
| Intent | <p>At Archibald, we strive to create a culture which inspires a generation of active people, who care about, and enjoy, leading a healthy and active lifestyle. We provide a safe and supportive environment, so that all children flourish through a range of physical activities, which is essential in supporting their holistic development and allowing them to become curious, creative and courageous learners.</p> <p>We offer a broad and balanced range of high-quality activities to ensure that all children progress physically through a fully inclusive and inspiring PE curriculum. We encourage all children to develop their understanding of the way in which they can use their body, equipment and apparatus, safely yet creatively, to achieve their personal goals. All children have the opportunity to enjoy being physically active, maintain a healthy lifestyle and use the medium of sport to increase both their skill and self-esteem. We aspire for children to adopt a positive mind-set and believe that anything can be achieved with the Core Values of determination and self-belief.</p> <p>The aim of PE is to promote physical activity and healthy lifestyles. Children are taught to observe and demonstrate the Core Values of passion, teamwork, honesty and respect as individual participants, team members and spectators. This embeds life-long values such as co-operation, collaboration and equity of play as the children grow and develop into caring people. We believe that developing team spirit and a love of participation is just as important as developing sporting talent. Therefore, we aim to ensure that all pupils are provided with the opportunity to attend clubs, and represent the school in sporting competitions and festivals around the city. We provide opportunities for children to start swimming lessons in Year 3, helping them to develop and have courage in the water; knowing how to keep safe and also work towards meeting the National Curriculum requirements of swimming 25m by the end of Year 6.</p> <p>By creating links across the curriculum, children will not only develop physical skills, but will become more informed about the importance of healthy living and learning about the need for good nutrition. We ensure lessons beyond PE require an active input, allowing our children to be more active throughout the school day. At Archibald, we aim for children to develop the necessary knowledge and skills which will have a positive impact on their future by becoming physically active citizens to benefit their long-term health and well-being.</p> <p>Overall, Archibald First School recognises the value of PE, and we follow the key aims of the National Curriculum to ensure all children:</p> <ul style="list-style-type: none"> • develop competence to excel in a broad range of physical activities • are physically active for sustained periods of time • engage in competitive sports and activities • lead healthy, active lives. | | |

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Curious, caring, creative and courageous.

Implementation

At Archibald First School, our PE curriculum is both broad and balanced, and there is a long-term plan in place to ensure that we meet the requirements of the National Curriculum. Our long-term plan is based on the scheme GETSET4PE which provides teachers with a sequence of lessons that enable progression in skills. All pupils receive two hours of high-quality PE using the outside space or school hall. These lessons are delivered by qualified teachers or an expert coach to develop fundamental skills through a variety of activities and games suitable to their key stage. In order for children to receive high quality teaching, teachers and other staff members are regularly sent on CPD courses to enhance their knowledge.

Children take part in a range of invasion, striking & fielding, and net & wall games, and we promote imagination and creativity through gymnastics and dance. In Key Stage 1, children learn to apply their skills in a variety of ways so that in Key Stage 2, they can transfer skills across a variety of sports. We also provide opportunities for athletics and outdoor and adventurous activities at Key Stage 2, and the children learn to swim and go on a residential course for outdoor activities. The subject curriculum is designed and delivered in this way so pupils transfer key knowledge to long-term memory. It is sequenced so that new knowledge and skills build on what has been taught before and pupils can work towards clearly defined end points.

Our PE curriculum is sequenced to ensure progression of knowledge and skills throughout a child's early education, therefore enabling children to revisit and build upon their prior experiences and apply these fluently, with confidence. We have progression of skill grids for each strand of PE to ensure consistency and progression for all. Furthermore, vocabulary is added to the grids to enable children to understand PE and sporting terms such as tactics and possession. Children have the opportunity to further these skills at extracurricular clubs, as we make regular club links within the local community. PE is fundamental in developing healthy, active lifestyles in young people and so extracurricular clubs are accessible to **all** thanks to the PE & Sport Grant. Regular extracurricular clubs are very popular at Archibald, and therefore we offer a wide array of clubs to develop skills outside of curriculum time, including taekwondo, gymnastics, football, tag rugby, dance, cricket, and yoga. We endeavour to regularly update our broad range of activities based on pupil voice and interesting new initiatives.

Inter-school competitions are a particular strength of the school, and we continue to grow our intra school competition. All pupils have the opportunity to compete against other children and schools via Gosforth Gets Going, Your School Games and Schools 500 Games. Although many enjoy the competitive nature of sport, we also appreciate and encourage the importance of children 'having a go' and promote positive experiences of being physically active. We have an inclusive approach for **all** pupils, and value the importance of both physical and mental wellbeing.

Playtimes are also an important factor for our pupils being happy, healthy individuals who are ready to learn. We have well-staffed and equipped playgrounds, an adventure playground and an outdoor area specifically for the EYFS children. To develop leadership skills, Year 4 children can apply to become a Playground Leader which is a responsible role in encouraging younger children to play collaborative games, respect rules and to be as active as possible during playtimes. Children selected are positive role-models for younger members of the school, organising lunchtime games and assisting with annual sports days.

At Archibald we recognise the importance of being physically active throughout the school day. To reduce sedentary learning, throughout the day, all classes have the option to log onto 'Go Noodle' and have a

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'Brain Break' to increase levels of activity. In recent years, we also launched the 'Daily Mile' to help meet the government target of all children being physically active for 60 minutes per day.

The impact of our PE provision is monitored through five key indicators. These are:

- increasing all staff's confidence, knowledge and skills in teaching PE and sport
- increasing engagement of all pupils in regular physical activity and sport
- raising the profile of PE and sport across the school, to support whole school improvement
- offer a broader and more equal experience of a range of sports and physical activities to all pupils
- increase participation in competitive sport

The impact of PE at Archibald can be found on our school website where all previous Impact Statements have been published.

As teachers, we aim to continually provide opportunities for deepening understanding, broadening vocabulary and fostering a love for PE by providing opportunities for our children to participate in a range of sports and activities.

The impact of PE at Archibald is shown in a variety of ways. Each leader of PE will create a book on a IPAD which will evidence skills that have been taught in PE throughout the year. Pupil voice is conducted each academic year to gather comments from the children about what they have learned, what they enjoy and feedback about their learning. This is used to inform future planning and teaching to ensure we are meeting the needs of our learners. During each half term, teachers will assess the children based on the progression of skills bullet points. From this, children will be identified and an intervention will take place allowing children to learn the skills needed for the next unit.

We hope that as children move on from Archibald to further their education and learning, that they are inspired to live a healthy active lifestyle, and this continues to grow and develop as they do. Feedback from our feeder middle schools shows that children leave Archibald as curious, caring, creative, courageous learners, who are well prepared for the next stage of their learning.

Impact

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